



Backmulde spelt whole meal mixture

Nutrition Facts

Serving size 1 slice (88g)

Serving per Container 284.090909 slice



Produced by
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Product of Austria

Amount per Serving	
Calories: 319 Calories from Fat: 102	
% Daily Value*	
Total Fett 11 g	14%
Fatty acids saturated 1 g	1%
Cholesterol 0 mg	1%
Sodium 547 mg	27%
Carbon hydrate 44 g	10%
Fibres 5 g	5%
Sugar 0 g	
Protein 10g	
Vitamin A RE	0%
Vitamin C	0%
Calcium	4%
Iron	19%
* Percent Daily Values are based on a 2.000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2200
Total Fett	Less than 80 g
Sat Fat	Less than 100 g
Cholesterol	Less than 15 mg
Sodium	Less than 2000 mg
Total Carbohydrate	Less than 420 g
Fibres	100 g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients

spelt flour, spelt whole meal flour, spelt flakes, salt, sugar, sunflower seeds, Buttermilk powder, sourdough (dried), potatos flakes, spelt malt extract

25,00 kg Backmulde Spelt whole meal mixture
18,00 kg Water
0,50 kg Yeast

43,50 kg Dough weight

Production:

Mix a very tender dough from the above indegrients.
After shaping the dough, let it a rest and cover with spelt flakes.

Preheat the oven. after 3 min. let humidity flow in, stopping vapour after 2 min.

Shelf-life

12 month from date of production
Store in a cool dry Place

NET WT. 55,11 lbs. (25 kg)

